



*May We Be One in Our Body (John 17:21-22; Eph 4:16) - We are a body* January 21, 2024

### [OWNit365 Whole Bible Plan](#)

so we, being many, are one body in Christ, and individually members of one another. **Romans 12:5 NKJV**

**Experiencing Jesus' way of living – community & connection with the church**

**Jesus showed us the blueprint of being one**

that they all may be one, as You, Father, are in Me, and I in You; that they also may be one in Us, that the world may believe that You sent Me. **John 17:21 NKJV**

And the glory which You gave Me I have given them, that they may be one just as We are one: **John 17:22 NKJV**

**How can we maintain unity?**

**Unity happens as we become more like Christ (Eph 4:1-2)**

I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, ***Ephesians 4:1 NKJV***

that you may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; ***Colossians 1:10 NKJV***

with all lowliness and gentleness, with longsuffering, bearing with one another in love, ***Ephesians 4:2 NKJV***

### **Unity in Christ takes effort in the Spirit**

endeavoring to keep the unity (oneness) of the Spirit in the bond of peace. ***Ephesians 4:3 NKJV***

“Depart from evil and do good; Seek peace and pursue it.” ***Psalms 34:14***

### **God will make everything in Christ one**

There is one body and one Spirit, just as you were called in one hope of your calling; ***Ephesians 4:4 NKJV***

one Lord, one faith, one baptism; ***Ephesians 4:5 NKJV***

one God and Father of all, who is above all, and through all, and in you all. ***Ephesians 4:6 NKJV***

that in the dispensation of the fullness of the times He might gather together in one all things in Christ, both which are in heaven and which are on earth—in Him. ***Ephesians 1:10 NKJV***

### **This week's [OWNit365 Whole Bible Plan](#):**

January 22 - Gen 44-45 & Job 32-33

January 23 - Gen 46-47 & Job 34

January 24 - Gen 48-49 & Job 35-36

January 25 - Gen 50-Exod 2 & Job 37

January 26 – Exod 3-5 & Job 38

January 27 – Exod 6-8 & Job 39-40

January 28 - Reflection & Prayer

January 21

[VISITGRACECHURCH.COM/KIDS](http://VISITGRACECHURCH.COM/KIDS)



This month, we are learning about Jesus helping the sick man. We learn that Jesus helps sick people, and we can help sick people too!

**Memory Verse:** “Jesus Helps Us All.” Matthew 11:28 (Adapted for Toddlers)

**Heart of the Lesson:** Jesus Helps Sick People, We Can, Too

**Parent Connect:** This week, make alphabet soup with your toddler. Discuss how Jesus helps us and makes us feel better. Ask, **How has Jesus made you feel better lately?**



In this series, we will go through the life of Jesus following His birth. We will learn about the Wiseman visiting Jesus, His departure from Egypt, His return to Nazareth and His teaching at the Temple as a kid. We will also learn about Jesus' baptism and how He was tempted, how Jesus called His disciples and His first miracle!

**Memory Verse:** “And the one who sent me is with me – he has not deserted me. For I always do what pleases Him.” - John 8:29

**Heart of the Lesson:** Jesus Calls Us to Follow Him | Matthew 4, Mark 1

**Parent Connect:** Today we learned that Jesus calls us to follow Him and to be one of His disciples. Play a game with your kid called ‘Follow The Leader’. March around the house, the yard, or anywhere while in a line. Take turns being the leader.



We are kicking off the year with a series called “One Team”. The church is a lot like a team. Our team needs to work together even when it's hard, to build each other up and correct when we aren't following God or pulling our weight. There are many different people that have unique skills and special gifts that help the team reach the ultimate goal of serving God, our coach.

**Memory Verse:** “All of you together are Christ's body, and each of you is a part of it.” - I Corinthians 12:27

**Heart of the Lesson:** A team works together - Nehemiah 3, Ecclesiastes 4:9-12

**Parent Connect:** Do a project together. It could be a house project, something in the yard, making a meal together, or even grocery shopping. Give everyone a role and work together! Afterwards enjoy a treat and talk about how you needed everyone to

complete the project and how it is the same with the church. We all have a role to play, and our church/team works together to share Jesus and worship God!

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## WE ARE THE CHURCH



In this series, we're going to talk about how the church is a unified team led by Jesus. Just like how our bodies have different parts that work together, each person in the church has special talents and jobs. Together, we'll find out how we can be a strong and connected team, all working together because we belong together and we belong to Jesus!

**Memory Verse:** “Just as our bodies have many parts and each part has a special function, so it is with Christ’s body. We are many parts of one body, and we all belong to each other.” Romans 12:4-5

**Heart of the Lesson:** Jesus wants the world-wide Church to have unity – John 17:11, 21-22

**Parent Connect:** Go to [visitgracechurch.com/outreach](http://visitgracechurch.com/outreach) and scroll down to learn more about our global and local outreach partners. Spend some time praying for them and that they would have unity on their teams.

SPECIAL NEEDS ADULTS

## WE ARE A BODY

What does it look like to be a healthy Church?



Did you know that God describes the church like Jesus’ body? Just like your body helps you do what you want to do, the church does what Jesus calls us to do! And just like we need to know how to take care of our body to stay healthy, we need to know how to take care of the church to stay healthy!

**Memory Verse:** So also we are many persons. But in Christ we are one body. And each part of the body belongs to all the other parts.” Romans 12:15 (NIRV)

**Heart of the Lesson:** May We Be United in Our Body (Romans 12:5, John 17:11,21-22 , & Ephesians 4:1-2)

**Parents/Caregivers:**

- Why is it important to appreciate the skills and talents (and differences) in others?
- What does God want the church to work toward?
- What is one way that we participate with other Christians in unity?
- What is one thing that we can do to find out how God wants us to live?