



# ONE STORY

AFTER GOD'S HEART:  
THE LIFE OF DAVID

1 SAMUEL 13 - 1 KINGS 3

**After God's Heart - David & the Psalms: God's Worship (2 Samuel 22)**  
June 12, 2022

## **One Story Resources** – Day 162

- Reading Plan
- Devotional Book
- Let's Talk Calendar
- Kids Podcast
- OWNit365 Podcast

Psalm 22, 119, 142, 62, 18

### **Chiastic Sections**

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 A

### **2 Samuel 22**

Praise  
 Defense  
 Why?  
 Offense  
 Praise

## Praise

**Is God a part of my life?**

**Or is God my life?**

Then David spoke to the Lord the words of this song, on the day when the Lord had delivered him from the hand of all his enemies, and from the hand of Saul. **2 Samuel 22:1 NKJV**

And he said: "The Lord *is* my rock and my fortress and my deliverer; **2 Samuel 22:2 NKJV**

The God of my strength, in whom I will trust; My shield and the horn of my salvation, My stronghold and my refuge; My Savior, You save me from violence. **2 Samuel 22:3 NKJV**

I will call upon the Lord, *who is worthy* to be praised; So shall I be saved from my enemies.  
**2 Samuel 22:4 NKJV**

### Let's Pray – Praise

I will call upon the Lord, *who is worthy* to be praised; So shall I be saved from my enemies.  
**2 Samuel 22:4 NKJV**

## Defense

**Do I cry out to God in my problems?**

**Do I see God (by faith) at work?**

"When the waves of death surrounded me, The floods of ungodliness made me afraid. **2 Samuel 22:5 NKJV**

The sorrows of Sheol surrounded me; The snares of death confronted me. **2 Samuel 22:6 NKJV**

In my distress I called upon the Lord, And cried out to my God; He heard my voice from His temple, And my cry *entered* His ears. **2 Samuel 22:7 NKJV**

"Then the earth shook and trembled; The foundations of heaven quaked and were shaken, Because He was angry. **2 Samuel 22:8 NKJV**

Smoke went up from His nostrils, And devouring fire from His mouth; Coals were kindled by it.  
**2 Samuel 22:9 NKJV**

He bowed the heavens also, and came down With darkness under His feet. **2 Samuel 22:10 NKJV**

"He sent from above, He took me, He drew me out of many waters. **2 Samuel 22:17 NKJV**

He delivered me from my strong enemy, From those who hated me; For they were too strong for me.  
**2 Samuel 22:18 NKJV**

They confronted me in the day of my calamity, But the Lord was my support. **2 Samuel 22:19 NKJV**

He also brought me out into a broad place; He delivered me because He delighted in me.  
**2 Samuel 22:20 NKJV**

### Let's Pray – Defense

He also brought me out into a broad place; He delivered me because He delighted in me.

**2 Samuel 22:20 NKJV**

### Why?

**Has God completely forgiven me (because of Christ)?**

**Does God treat everyone the same?**

“The Lord rewarded me according to my righteousness; According to the cleanness of my hands He has recompensed me. **2 Samuel 22:21 NKJV**

For I have kept the ways of the Lord, And have not wickedly departed from my God. **2 Samuel 22:22 NKJV**

For all His judgments *were* before me; And *as for* His statutes, I did not depart from them. **2 Samuel 22:23 NKJV**

I was also blameless before Him, And I kept myself from my iniquity. **2 Samuel 22:24 NKJV**

Therefore the Lord has recompensed me according to my righteousness, According to my cleanness in His eyes. **2 Samuel 22:25 NKJV**

“With the merciful You will show Yourself merciful; With a blameless man You will show Yourself blameless; **2 Samuel 22:26 NKJV**

With the pure You will show Yourself pure; And with the devious You will show Yourself shrewd. **2 Samuel 22:27 NKJV**

You will save the humble people; But Your eyes *are* on the haughty, *that* You may bring *them* down. **2 Samuel 22:28 NKJV**

### Let's Pray – Why?

You will save the humble people; But Your eyes *are* on the haughty, *that* You may bring *them* down.

**2 Samuel 22:28 NKJV**

### Offense

**Am I aware I'm in a spiritual fight?**

**Am I fighting with the armor and weapons of Christ?**

“For You *are* my lamp, O Lord; The Lord shall enlighten my darkness. **2 Samuel 22:29 NKJV**

For by You I can run against a troop; By my God I can leap over a wall. **2 Samuel 22:30 NKJV**

*As for* God, His way *is* perfect; The word of the Lord *is* proven; He *is* a shield to all who trust in Him.

**2 Samuel 22:31 NKJV**

“For who *is* God, except the Lord? And who *is* a rock, except our God? **2 Samuel 22:32 NKJV**

God *is* my strength *and* power, And He makes my way perfect. **2 Samuel 22:33 NKJV**

He makes my feet like the *feet* of deer, And sets me on my high places. **2 Samuel 22:34 NKJV**

He teaches my hands to make war, So that my arms can bend a bow of bronze. **2 Samuel 22:35 NKJV**

“You have also given me the shield of Your salvation; Your gentleness has made me great.  
**2 Samuel 22:36 NKJV**

You enlarged my path under me; So my feet did not slip. **2 Samuel 22:37 NKJV**

“I have pursued my enemies and destroyed them; Neither did I turn back again till they were destroyed.  
**2 Samuel 22:38 NKJV**

The foreigners submit to me; As soon as they hear, they obey me. **2 Samuel 22:45 NKJV**

The foreigners fade away, And come frightened from their hideouts. **2 Samuel 22:46 NKJV**

#### **Let’s Pray – Offense**

“You have also given me the shield of Your salvation; Your gentleness has made me great.  
**2 Samuel 22:36 NKJV**

### **Praise**

**Am I taking credit for God’s victories?**

**Or am I giving all the thanks and praise to God?**

“The Lord lives! Blessed *be* my Rock! Let God be exalted, The Rock of my salvation! **2 Samuel 22:47 NKJV**

*It is* God who avenges me, And subdues the peoples under me; **2 Samuel 22:48 NKJV**

He delivers me from my enemies. You also lift me up above those who rise against me; You have delivered me from the violent man. **2 Samuel 22:49 NKJV**

Therefore I will give thanks to You, O Lord, among the Gentiles, And sing praises to Your name.  
**2 Samuel 22:50 NKJV**

“*He* is the tower of salvation to His king, And shows mercy to His anointed, To David and his descendants forevermore.” **2 Samuel 22:51 NKJV**

#### **Let’s Pray – Praise**

Therefore I will give thanks to You, O Lord, among the Gentiles, And sing praises to Your name.  
**2 Samuel 22:50 NKJV**

**This Week's [One Story Bible Readings](#):**

162. 1 Kings 10:1-13, Matthew 12:42, 1 Peter 3:15
163. 1 Kings 10:14-29, Ecclesiastes 2:1-22, Ecclesiastes 5:10-20
164. 1 Kings 11:1-40, Deuteronomy 17:14-20, Nehemiah 13:25-31
165. 1 Kings 11:41-43, Ecclesiastes 1, Ecclesiastes 12
166. 1 Kings 12:1-24, 1 Kings 14:21-30, Proverbs 15:1
167. 1 Kings 12:25-33, 1 Kings 13, 1 Kings 14:1-20
168. Reflection & Prayer

## NURSERY

## GOD WATCHES OVER US

PSALM 121



Isn't it great that the God that watches over us never sleeps? This month we are learning about Psalm 121. No matter where we are or what we are doing, God is always there keeping watch over us.

**Memory Verse:** God watches over us. Psalm 121:5a (adapted for toddlers)

**Heart of the Lesson:** God Watches Over Us Because He Loves Us

**Parent Connect:** Play flashlight hide and seek as a family. Let the person seeking use a flashlight to find the hiders. When you're done playing say: **Can God see us even when we're hiding? Who watches over us day and night? God watches over us!**

## GKJR

## KING DAVID

ONE STORY



This is a busy summer month of promotion, SBO and vacations so we are taking the time to review David with videos and introduce them to the life of Solomon.

**Memory Verse:** I lay down and slept, yet I woke up in safety, for the Lord was watching over me. Psalm 3:5

**Heart of the Lesson:** God blessed David; God blesses us, too - David's Prayers - 1 Samuel 24 and 2 Samuel 5

**Parent Connect:** Today we learned about David bringing the Ark of the Covenant back to Jerusalem. He was singing and dancing! We made little anklets to wear on our ankles as we sing and dance for Jesus. Pull up and play the [GKJr worship playlist](#) on Spotify and sing and dance with your kid as you worship Jesus together.

## ELEMENTARY

## DAVID

PART SIX OF OUR WALK THROUGH THE BIBLE



For the next 5 weeks we will look at David's life to see what it looks like to follow God. David is known for being a man after God's heart. We want to be after God's heart too. Through this series we will learn what it means to be after God's heart and what happens to us when we know Him.

**Memory Verse:** "The Lord is my strength and shield. I trust him with all my heart. He helps me, and my heart is filled with joy. I burst out in songs of thanksgiving." Psalm 28:7

**Heart of the Lesson:** When you know God, you tell Him how great He is - David and Worship - 2 Samuel 22

**Parent Connect:** Go to the [Grace Church Kids](#) on Spotify and listen to one of the playlists. Share one thing you love about God.



In this short two-week series, the new students will be welcomed into G56, and everyone will have the opportunity to get to know each other, and learn what we're all about in G56!

**Memory Verse:** Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity. 1 Timothy 4:12

**Heart of the Lesson:** Introduction to G56 - 1 Timothy 4:12

**Parent Connect:** What does Timothy tell us NOT to do in 1 Timothy 4:12? What does he tell us TO do? How can you do that this week?



God gave Israel a good King after Saul: King David! David was a king after God's own heart. Just like God wanted David to follow Him, He wants us to follow Him too! We can learn from David's life what it looks like to be after God's own heart.

**Memory Verse:** Psalm 51:10 (NIRV) "Create in me a clean heart, O God, And renew a steadfast spirit within me."

**Heart of the Lesson:** God wants us to bring our feelings to Him (David's Song of Praise - 2 Samuel 22)

**Connect:**

- Is God more important to you than anything or anyone else in your life?
- Did God save David? How can we trust God to save us from our enemies like sin and evil?
- How are we completely forgiven through Jesus Christ?
- How do you trust God to give you power over sin, bad attitudes and fear?